## Scedule GongYogaRetreat HoiAn, Vietnam 20/2-1/3 2020 day 7-11

ca6.15*	Ca 6.30	8.30	ca 10-12		4.30pm	7pm
Doln	YOGA	BREAKFAST	WALKING TO THE BEACH	LUNCH CHECK-IN 2 PM FIVE ROSES VILLAS	FREE EVENING	FREE EVENING
Doln	YOGA BEACH	BREAKFAST	BW*		YINYOGA GONG RELAXATION	DINNER
SUNGAZING Doln	YOGA BEACH	BREAKFAST			YINYOGA GONG MEDITATION	DINNER
Doln	YOGA BEACH	BREAKFAST	BW*		YINYOGA GONG MEDITATION	DINNER
Doln	YOGA BEACH	BREAKFAST			CLOSING CEREMONI	DINNER
DAY 11 FREE MORNING 1/3		BREAKFAST	CHECK-OUT 12.00			Ŷ
	Doln  SUNGAZING Doln  Doln  Doln	Doln YOGA  YOGA  Doln BEACH  SUNGAZING YOGA  Doln BEACH  Doln YOGA  BEACH  Doln YOGA  BEACH	Doin  YOGA  BREAKFAST  YOGA  BREAKFAST  Doin  SUNGAZING  Doin  YOGA  BREAKFAST  BEACH  BREAKFAST  BREAKFAST  BEACH  Doin  BREAKFAST  BREAKFAST  BREAKFAST  BREAKFAST  BREAKFAST  BREAKFAST  BREAKFAST  BREAKFAST  BREAKFAST	Doin  YOGA  BREAKFAST  WALKING TO THE BEACH  YOGA  BREAKFAST  BW*  SUNGAZING  Doin  YOGA  BREAKFAST  BREAKFAST  BREAKFAST  BREAKFAST  BREAKFAST  BREAKFAST  BW*  Doin  YOGA  BREAKFAST  BREAKFAST  BW*	Doin  YOGA  BREAKFAST  WALKING TO THE BEACH  CHECK-IN 2 PM FIVE ROSES VILLAS  POIN  BEACH  SUNGAZING Doin  YOGA  BREAKFAST  BREAKFAST  BREAKFAST  BW*  Doin  YOGA  BREAKFAST  BW*  Doin  YOGA  BREAKFAST  BW*	Doin  YOGA  BREAKFAST  WALKING TO THE BEACH  CHECK-IN 2 PM FIVE ROSES VILLAS  YOGA  BREAKFAST  BW*  YINYOGA GONG RELAXATION  SUNGAZING Doin  PROCEDURE  YOGA  BREAKFAST  BREAKFAST  BW*  YINYOGA GONG MEDITATION  Doin  YOGA BREAKFAST  BW*  YINYOGA GONG MEDITATION  Doin  YOGA BREAKFAST  BW*  YINYOGA GONG MEDITATION  CLOSING CEREMONI