





# Schedule GongYogaRetreat HoiAn, Vietnam 20/2-1/3 2020 day 7-11

	ca6.15*	Ca 6.30	8.30	ca 10-12		4.30pm	7pm
<b>DAY 6</b> 25/2	DoIn	YOGA	BREAKFAST	WALKING TO THE BEACH	LUNCH CHECK-IN 2 PM FIVE ROSES VILLAS	FREE EVENING	FREE EVENING
<b>DAY 7</b> 26/2	DoIn	YOGA BEACH	BREAKFAST	BW*		YINYOGA GONG RELAXATION	DINNER
<b>DAY 8</b> 27/2	SUNGAZING DoIn 	YOGA BEACH	BREAKFAST			YINYOGA GONG MEDITATION	DINNER
<b>DAY 9</b> 28/2	DoIn	YOGA BEACH	BREAKFAST	BW*		YINYOGA GONG MEDITATION	DINNER
<b>DAY 10</b> 29/2	DoIn	YOGA BEACH	BREAKFAST			CLOSING CEREMONI	DINNER
<b>DAY 11</b> 1/3	FREE MORNING		BREAKFAST	CHECK-OUT 12.00			
			*BW breathwalk				